



COURSE  
HANDBOOK

# Level 6 Certificate in Therapeutic Counselling Supervision



# Welcome to the Astranti Connect Counselling Hub



We would like to extend a warm welcome to all Learners enrolling in our courses. Whether you are an experienced Learner or are returning to study after a break, our aim is to support you in achieving the qualification you have chosen.

We are a specialist counselling training organisation. We bring a decade of experience in designing and delivering counselling courses to our work. We run courses from various locations and online.

Everyone involved in the work of Connect hopes that your time with us will be rewarding and enjoyable and, most importantly, that it will help you to achieve your learning goals. We are all practising counsellors and therapists, as well as experienced teachers and university lecturers. We bring our passion for teaching and counselling to the groups that we teach.







This handbook provides information on the course you have chosen and contains important information about what is required from us and from the awarding body, which in your case is the Counselling and Psychotherapy Central Awarding Body (CPCAB). CPCAB courses are nationally accredited and offer a unique pathway to the Open University foundation degree in counselling. All courses are approved by Ofqual and accredited by the qualifications and credit framework (QCF).

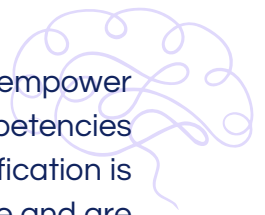
We actively promote the ethical framework of the British Association for Counselling and Psychotherapy (BACP).

It may be that your question isn't answered within this course document, and if this is the case, do feel free to ask your course tutors, who will be delighted to answer any questions you may have.

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# Level 6 Certificate in Therapeutic Counselling Supervision

The Level 6 Certificate in Therapeutic Counselling Supervision is crafted to empower experienced counsellors with the advanced knowledge, skills and competencies required to provide clinical supervision to counselling practitioners. This qualification is ideal for counsellors who have accumulated significant client work experience and are ready to take the next step into a supervisory role.



The qualification is designed to open doors to roles as clinical supervisors, both within counselling agencies and in independent practice. It also offers the opportunity to diversify and advance your career, allowing you to take on new challenges and expand your professional capabilities.

Holding a recognised qualification will enhance your employment prospects, helping you to establish yourself as a clinical supervisor in the counselling field.





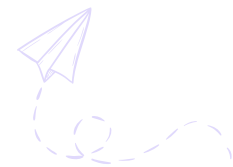


The Level 6 Certificate in Therapeutic Counselling Supervision is a part-time course spanning 60 guided learning hours. Key elements of the course include how to:

- Equip your supervisees with the tools and confidence they need to thrive in their counselling roles.
- Cultivate a deep understanding of the various stages and dynamics of effective supervision.
- Use research and theory to tailor supervision practices to the developmental stages of your supervisees.
- Use Hawkins and Shohet's Seven-Eyed Model of Supervision to address multiple aspects of the supervision process and enhance overall effectiveness.
- Address issues of diversity and inclusion in supervision by recognising and addressing the diverse needs and backgrounds of supervisees.
- Develop strategies to support supervisees in managing challenging emotions and maintaining professional standards.
- Handle sensitive issues such as working with suicide.

This course is highly practical. You will have the opportunity to undertake regular supervision skills practice to enhance your proficiency, as well as benefit from the practical insights and experiences shared by your tutor and peers.





## Entry Requirements

You need to have completed the Level 4 Diploma in Therapeutic Counselling or the equivalent, as well as a Level 5 qualification or other suitable post-qualifying experience. You also need to have completed at least 450 hours of practice as a counsellor.

You must be over 19 years old. We do not recommend that you begin this course if you are currently struggling with severe emotional difficulties. We will discuss any personal situations with you at the time of enrolment to ensure that you are in the best position to get the most out of the course and achieve your qualification. We ask that you ensure that you are academically and emotionally able to cope with this level of training.

You will need to be able to read and have sufficient writing skills to meet the written work requirements for the course. We suggest that at least a GCSE Grade C or above in English would be a great advantage to you in the completion of the written aspects of the course. It would benefit you greatly if you are able to form a therapeutic relationship and have good self-awareness and the ability to make links.

It is also really important at this level that you are able to work with challenge and feedback from peers and tutors and that you feel comfortable to challenge and give feedback yourself.

You will need access to a computer and printer and have adequate IT skills.





## Online courses

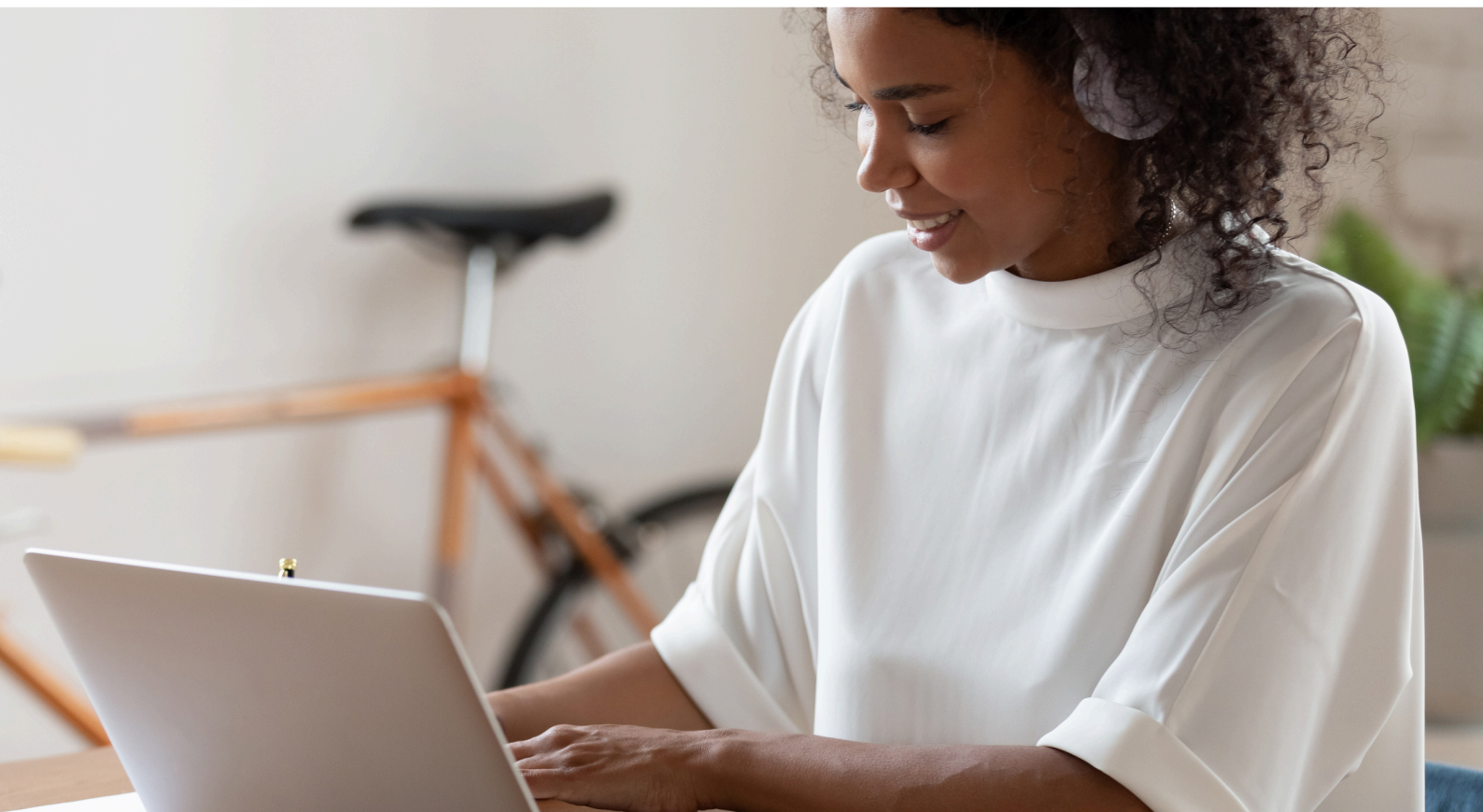
If you are taking this course online, you will need to make sure you have access to a good broadband signal and can work from a private location that is uninterrupted during the course sessions. This is essential for privacy and for your own and others' confidentiality.

## Course requirements

The programme for this course includes theory lectures, demonstrations, group work, peer-to-peer supervision sessions, tutor and peer assessed observations of practice, a weekly learning journal, self reviews and tutorials. You will need to allow around 3-4 hours per week for homework.

You will need to complete 15 hours of supervision practice either in independent practice or in the role of supervisor in an agency setting. It will be your responsibility to find either private supervisees or a position within a counselling agency in order to complete these hours.

You will need to undertake a minimum of 5 hours of supervisory supervision during the course. The cost of this is not included in the course fees.



# Progression Opportunities

We will help you from the time you take the first step until you have reached your goal.

At Connect, we offer a complete progression route from Level 2 through to Level 6. All of these courses are accredited by The Counselling and Psychotherapy Central Awarding Body (CPCAB). Full details of its progression route are available on its website. The progression route available through ourselves is outlined below.



## Open University Foundation Degree

Learners who complete CPCAB level 4 and 5 courses can use their academic credits towards the OU Foundation degree. More information about this can be found on both our website and the CPCAB website.



# What to Expect

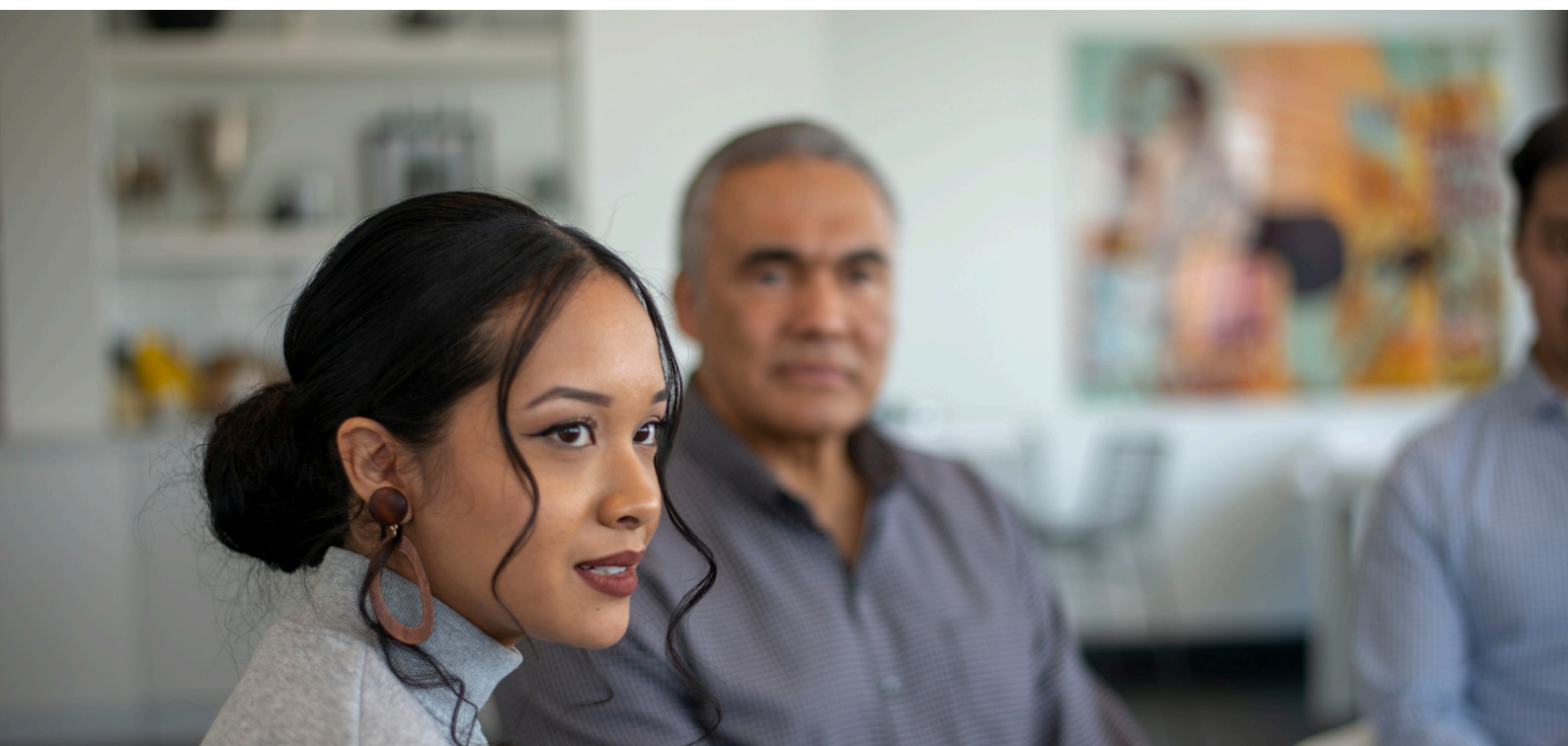
A typical course session will begin with a check-in. This is a chance to share with the group something about how you are feeling and what is going on for you. It is a good way of “arriving” and an opportunity to practise empathic listening and to get to know more about the other members of the group.

This is followed by the delivery of some theory or the introduction of a new concept, as well as small group work, pair work and skills practices to provide you with the opportunity to practise the new ideas you have learnt.



## Attendance

You will need to attend 85% of the course sessions in order to complete the training successfully. There may be times when there are exceptional circumstances which make this difficult, and such situations will be discussed with you personally.





## Support

At this level of training, we promote autonomous learning, so if you would like a tutorial to discuss any aspect of the course, you can request one. They will be available at the start and the end of the session. If you need to talk to a tutor, please let one of them know and arrange an appointment. Likewise, if we need to talk to you about an aspect of the course that cannot be addressed in the group, we will invite you to a tutorial.

As a small organisation, we do not currently offer learning support but can signpost you to places where you could access this if required. Your application form will ask for details of any special needs you may have, and we will discuss these with you upon receipt to ensure we can accommodate your requirements





## Course dates, deadlines, times and important dates

A list of all course dates, times, deadlines for course work and details of the external assessment will be provided separately. Please make a note of important dates and times, such as deadlines and external assessment dates, as missing these could compromise your successful qualification from the course.



## Policies and procedures

Connect and its associates are committed to working ethically and in line with the British Association for Counselling and Psychotherapy's ethical framework.

We have a range of policies and procedures which will be available to you via our website once you have enrolled. These policies are designed to keep you safe, offer you the best opportunities, and ensure that the learning environment is ethical, fair and adheres to legal requirements. If you would like any information on any of our policies or procedures before you enrol, please ask, and we will be delighted to provide you with a copy. Upon registration, you will be given access to the learners' area of the website, where these documents can easily be accessed.

# Internal moderation and verification



## Internal Moderation

To ensure that your coursework is assessed fairly and consistently, an internal moderator will examine a sample from each group. The moderator will check the marking of coursework, such as assignments and learning reviews, and provide feedback to the teaching team on the nature, quality, and consistency of their assessments. You will need to make your portfolio available for the moderator's visit.

## Internal Verification

Verification is the 'BIG' picture, an overview of the whole process of developing, delivering, assessing and moderating units/qualifications.

Our internal verifier will monitor that our programmes are properly in place and are operating effectively.





# Assessment

The course is assessed both internally and externally. To achieve the qualification, students must be internally assessed as proficient in all seven learning outcomes of the qualification and must be assessed as proficient in the external assessment.

## Internal Assessment

We will assess the internal part of your work via your learning reviews, assignments and observation. Tutors and peers will give you feedback as the course progresses, which will help you meet the course criteria and give you opportunities to develop your skills and understanding.

You must give two pieces of evidence for each assessment criterion from the syllabus in the form of either written work or peer or tutor testimony.

## External Assessment

You will need to write a structured case review (3000-3500 words) of your work with a supervisee. This doesn't have to be written under exam conditions but must be completed in time for a deadline we will advise you of so that it can be sent to CPCAB for assessment.

